CREST 童步復康及培訓服務
CHILD REHABILITATION AND EDUCATION SERVICE TEAM

CLASI

HONG KONG

PROFESSIONAL DEVELOPMENT COURSE

Adolescents and Adults with Autism Spectrum Disorder



Richard Furbush
(M.S., OTR/L)

Designing intervention from ASI®, sensory and relationship perspectives

Forming the therapeutic alliance with challenging clients

> Most therapists already know what to do when a session goes well. This course is for the other moments: the silence, the refusal, the client whose body will not cooperate, and the adolescent or adult who makes us doubt our own clinical eye.
>
> **Strategies for all challenging clients, not only clients with autism.**

Register Here

A new way to see adolescents and adults who delay, refuse, or do not engage.

ASI®, sensory-based intervention, and relationship, used as one clinical mind.

Your timing, your lens, and the alliance are the treatment.

15–16 March 2027
Monday and Tuesday

9:30 a.m. – 5:30 p.m.
Registration starts at 9:15 a.m.

Hong Kong
Christian Family Service Centre
3 Tsui Ping Road, Kwun Tong

SUPER EARLY-BIRD	EARLY-BIRD	STANDARD
On or before 17 December 2026	On or before 4 February 2027	Ends on 4 March 2027
HK$4,300 or US$620	HK$4,800 or US$690	HK$5,300 or US$760
Group of 3 or more	Group of 3 or more	Group of 3 or more
HK$3,800 or US$550	HK$4,300 or US$620	HK$4,800 or US$690

Miss Lai (852) 3628 3353 info@crest.hk www.crest.hk/adasd

COURSE INFORMATION

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ADOLESCENTS AND ADULTS WITH ASD

A new lens for challenging clients

This course offers a practical and theoretical exploration of designing interventions for adolescents and adults with ASD from Ayres Sensory Integration® (ASI), sensory processing, and relationship perspectives. Participants will develop strategies that apply to all challenging clients, strengthen clinical reasoning and organisational skills, and recognize the therapist as the most important factor in the process. Content covers clinical reasoning, theory and research, organising observation/assessment and treatment approaches, and leveraging personal strengths. Instruction includes lecture, discussion, case examples, and video analysis.

PARTICIPANTS WILL BE ABLE TO

1. Describe DSM-5 characteristics, classification, and severity levels of ASD in adolescents and adults
2. Identify key risk factors associated with autism
3. Explain sensory processing issues and their impact in adolescents and adults with ASD
4. Apply core ASI® principles (including just-right challenge, collaboration, and fidelity) to intervention design
5. Use clinical reasoning to evaluate and organise ASI-informed treatment sessions
6. Scaffold environments and activities to support engagement and adaptive responses
7. Establish and strengthen therapeutic relationships with adolescents and adults



Richard Furbush

M.S., OTR/L

Richard has worked for over 30 years as a paediatric occupational therapist, with more than 40 years of experience with people who have autism — including non-verbal children, adolescents, and young adults who challenge us to understand their communicative intent. His practice incorporates sensory integrative theory with behavioural principles, dynamic systems, and relationship. He presents internationally and works in Orange County, California, including Independent Educational Evaluations through the Office of Dr. Susanne Smith Roley, and as a therapist at SKY Pediatrics in Irvine.

MS OCCUPATIONAL THERAPY · MS CHILD AND FAMILY STUDIES · BA PSYCHOLOGY

ACCREDITATION

- Hong Kong Occupational Therapists Board (OT): *Pending*
- Hong Kong Physiotherapy Association (PT): *Pending*
- Hong Kong Institute of Speech Therapists (ST): *Pending*
- The Hong Kong Psychological Society (HKPS): *Pending*

E-CERTIFICATE

An attendance e-certificate will be emailed to participants who have attended 80% or more of the total hours, within 2 weeks after the course.

WHO IT IS FOR

Occupational Therapists, Speech Therapists, Physical Therapists, Psychologists, Social Workers, Counsellors, Teachers, Educators, Parents, Caregivers and any interested individuals are welcome.

AGENDA

Two-day schedule

Assessment and designing treatment

9:30 A.M. – 5:30 P.M. BOTH DAYS

DAY 1 — 15 MARCH

Observation and assessment

9:15 – 9:30	**Registration**
9:30 – 9:40	**Welcome**
9:40 – 10:00	**Adolescents and adults with ASD: forming the perspective —** How older clients differ from children; adapting and creating treatment strategies
10:00 – 10:30	**Clinical reasoning: how to observe and assess adolescents and adults with ASD —** What to look for, what is easily missed, and where assessment begins
10:30 – 10:45	**BREAK**
10:45 – 11:35	**Video analysis: observing adolescents and adults with ASD —** Using video to practice clinical observation and reasoning
11:35 – 12:15	**Organising assessment and clinical reasoning —** Turning observations into a clear hypothesis you can use in treatment
12:15 – 1:45	**LUNCH**
1:45 – 2:40	**Case analysis: regulation, communication, and changing the session —** Reading communicative intent and knowing when the treatment direction needs to change
2:40 – 3:25	**ASI® as a reasoning framework for adolescents and adults —** What ASI® offers when the gym no longer fits the client
3:25 – 3:40	**BREAK**
3:40 – 4:25	**Why ASI®: intervention principles that create organisation —** Designing treatment that is more than swinging and jumping
4:25 – 5:10	**Sensory-based intervention and strategies beyond autism —** When a sensory-based approach is wiser, and how the principles travel to other clients
5:10 – 5:30	**Questions and discussion —** Open time for any questions from the day

DAY 2 — 16 MARCH

Designing intervention: ASI®, sensory and relationship

9:15 – 9:30	**Registration**
9:30 – 9:45	**Review of Day 1**
9:45 – 10:45	**Using ASI® with adolescents and adults —** Fidelity, adaptation, and strategies when speech, movement, or motivation will not 'cooperate'
10:45 – 11:00	**BREAK**
11:00 – 12:00	**Dynamic systems: adapting treatment in the moment —** Why you abandon, modify, or stay — and how to scaffold the just-right challenge
12:00 – 12:30	**Forming the therapeutic alliance with adolescents and adults with ASD —** Safety, timing, communicative intent, and the relationship that makes challenge possible
12:30 – 2:00	**LUNCH**
2:00 – 3:15	**Using your professional expertise as the treatment tool —** How your experience, tacit knowledge, and strengths become part of intervention
3:15 – 3:30	**BREAK**
3:30 – 4:30	**Applying ASI®, sensory, and relationship strategies in practice —** Designing intervention for adolescents and adults with ASD — and for other challenging clients
4:30 – 5:30	**Questions and discussion —** Open time for any questions from the two days

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TIMES MAY BE ADJUSTED ON SITE · LUNCH IS NOT PROVIDED

REGISTRATION AND PAYMENT

How to register

SCAN the QR code or visit the link below to complete the registration. **Every participant registers individually, even when applying as a group.** Seats are limited and allocated on a first-come, first-served basis. Registration closes when the course is full.

https://form.typeform.com/to/M5gSOIpA

LOCAL APPLICATIONS · HONG KONG

FPS or online bank transfer

Bank / FPS code: HSBC / 8919052
Bank account name: TSRCL T/A CCR&EST

Put "**ADASD**" and the "**participant's full name**" as the reference and attach the screenshot of successful transaction together with your application (**must show the transaction date, amount, and reference**).

ATM

Bank / account no.: 634-388821-838
Bank account name: TSRCL T/A CCR&EST

Put "**ADASD**" and the "**participant's full name**" on the bank advice slip and email together with registraion form to info@crest.hk

Cheque

Payable to "**CREST Child Rehabilitation and Education Service Team**". Write "**ADASD**" and the "**participant's full name**" on the back, and send it to:

CREST Child Rehabilitation and Education Service Team
Room 706, Peninsula Tower
538 Castle Peak Road, Lai Chi Kok
Kowloon, Hong Kong

INTERNATIONAL APPLICATIONS

Telegraphic transfer

Refer to the Telegraphic Transfer (TT) instructions for CREST on the registration form for details, and upload the TT bank advice slip with your online application. **All bank charges must be borne by the payer.**

Credit Card

Payment can be made by credit card in USD on the online application.

TERMS & CONDITIONS

- Notification will be sent individually through email after the application and payment are received **within 10 working days.**
- The confirmation will be sent individually through email by:
  - ***11th February 2027*** *for Super Early-bird & Early-bird Registration;*
  - ***11th March 2027*** *for Standard Registration*
- Official receipt will be distributed on the first day of the course. HK$500 administrative fee will be required for:
  - re-issuing receipt, or
  - certified true copy of receipt
- **Withdrawal Policy:** no refund for telegraphic transfer or credit card payments; no transfer of the fee to other courses or another person upon confirmation of enrollment; HK$500 administrative fee will be required if written request for cancellation is received on or before **4th March 2027**.
- CREST Child Rehabilitation and Education Service Team reseves the right on final decision on enrollment, changing the time, venue and contents, and cancellation of the course due to unforeseeable circumstances.

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ENQUIRY

Miss Lai
(852) 3628 3443
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