

Professional Development Workshop

BECOMING A BEHAVIOURAL DETECTIVE



Understanding and Supporting Complex Behaviour

“There is always a reason behind behaviour

Join world-renowned occupational therapist Kim Barthel for an insightful, in-person workshop that helps you understand why people do what they do. Take part in discussions and gain practical insights drawn from Kim's 42+ years of clinical experience.



Ms. Kim Barthel
BMR, OTR



7th – 8th
DECEMBER 2026
(MONDAY & TUESDAY)



9:15 A.M. –
5:30 P.M.



HONG KONG

WORKSHOP FEES

SUPER EARLY-BIRD

On or before
5th October, 2026

HK\$4,300
or US\$620

Group of 3 or more:
HK\$3,800 / person
or US\$550 / person

EARLY-BIRD

On or before
5th November, 2026

HK\$4,800
or US\$690

Group of 3 or more:
HK\$4,300 / person
or US\$620 / person

STANDARD

Ends on
26th November, 2026

HK\$5,300
or US\$760

Group of 3 or more:
HK\$4,800 / person
or US\$690 / person





COURSE INFORMATION

BECOMING A BEHAVIOURAL DETECTIVE



This workshop explore the science of neurobiology, sensory processing, developmental trauma, attachment, executive functioning, and emotional regulation that drive complex behaviour. Rather than reacting to what's on the surface, participants will learn to think like Behavioural Detectives – using clinical curiosity and evidence-informed reasoning to uncover the "why" and build compassionate, individualized support strategies for use at home, in schools, in the workplace and in everyday relationships.



PARTICIPANTS WILL BE ABLE TO:



Identify the **neurobiology** of challenging behaviour



Understand **sensory contributions** and intervention strategies for complex behaviour



Explain the effects of **developmental trauma and attachment patterns**



Recognize the lifelong value of **co-regulation through relationships**



Identify **executive function** challenges and appropriate **intervention approaches**



Understand the dynamics of **self-harm and aggression**



Apply a **mindset of curiosity** to build healthier, more respectful and connected relationships



WHO SHOULD ATTEND

Occupational Therapists • Psychologists • Teachers
• Counsellors • Speech Therapists • Physical Therapists
• Educators • Social Workers • Parents • Caregivers



WORKSHOP INFORMATION

• BECOMING A BEHAVIOURAL DETECTIVE •



LANGUAGE

English



DATE & TIME

7th – 8th December 2026 (Mon & Tues); 09:15 – 17:30
Lunch will not be provided.



VENUE

Auditorium, 1/F, Christian Family Service Centre (CFSC)
3 Tsui Ping Road, Kwun Tong, Kowloon, HONG KONG



TARGET PARTICIPANTS

Occupational Therapists, Psychologists, Teachers,
Counsellors, Speech Therapists, Physical Therapists,
Educators, Social Workers, Parents, Caregivers and any
interested individuals are welcome.



E- CERTIFICATION

Attendance E-Certificate will be e-mailed to
participants who have attended 80% or above of the
total hours within 2 weeks after the course completion.



ACCREDITATION

- Hong Kong Occupational Therapists Board (OT) : Pending
- Hong Kong Physiotherapy Association (PT) : 6 Points
- Hong Kong Institute of Speech Therapists (ST) : 6 Points
- The Hong Kong Psychological Society (DEP only): 12 CEUs



AGENDA (TENTATIVE)

BECOMING A BEHAVIOURAL DETECTIVE

DAY 1 (7TH DEC 2026)

🕒 9:15 – 9:30	Registration
🕒 9:30 – 10:45	Neurobiology of Challenging Behaviour
🕒 10:45 – 11:00	Break
🕒 11:00 – 12:30	Neurobiology of Challenging Behaviour (continued)
🕒 12:30 • 2:00	Lunch
🕒 2:00 • 3:15	Sensory Contributions to Challenging Behaviours
🕒 3:15 • 3:30	Break
🕒 3:30 • 5:00	Sensory Supports
🕒 5:00 • 5:30	Group Discussion

DAY 2 (8TH DEC 2026)

🕒 9:15 – 9:30	Registration
🕒 9:30 – 10:45	Developmental Trauma and Attachment Patterns
🕒 10:45 – 11:00	Break
🕒 11:00 – 12:30	Co-Regulation through Relationship
🕒 12:30 • 2:00	Lunch
🕒 2:00 • 3:15	Executive Challenges and Interventions
🕒 3:15 • 3:30	Break
🕒 3:30 • 5:00	Self-Harm, Aggression and Self-Care
🕒 5:00 • 5:30	Group Discussion

REGISTRATION & INFO
www.crest.hk/babd

ENQUIRY: MISS LAI
(852) 3628 3443

info@crest.hk



REGISTRATION INFORMATION



BECOMING A BEHAVIOURAL DETECTIVE



REGISTRATION & PAYMENT

REGISTER NOW!

Scan the QR code or visit the link below to complete the registration. All participants must register individually, even when applying as a group.



<https://form.typeform.com/to/stYphbTc>



Seats are limited and allocated on a first-come, first-served basis. Registration will close once full.



SCAN HERE



PAYMENT METHODS

FOR LOCAL APPLICATIONS (HONG KONG)



FPS / ONLINE BANK TRANSFER

Bank / FPS Code: HSBC / 8919052
Bank Account Name: TSRL T/A CCR&EST
*Please put **"BABD"** and **PARTICIPANT'S full name** as reference and attach the screenshot of successful transaction together with your application form (must include the transaction date, amount and reference).



CHEQUE

Payable to **"CREST Child Rehabilitation and Education Service Team"**
*Please put **"BABD"** and **PARTICIPANT'S full name** at the back of the cheque and send to the address below:
"To: CREST Child Rehabilitation and Education Service Team
Room 706, Peninsula Tower, No. 538 Castle Peak Road, Lai Chi Kok, Kowloon, Hong Kong (SAR)"



AUTOMATIC TELLER MACHINE (ATM)

Bank / Account No.: HSBC / 634-388821-838
Bank Account Name: TSRL T/A CCR&EST
*Please put **"BABD"** and **PARTICIPANT'S full name** on the bank advice slip and email together with registration form to info@crest.hk.

FOR INTERNATIONAL APPLICATIONS

TELEGRAPHIC TRANSFER (TT)

Please refer to the "Telegraphic Transfer (TT) Instructions for CREST" on the registration form for details, and upload the TT bank advice slip with your online application. All bank charges must be borne by the payer.



CREDIT CARD

Payment can be made by credit card in USD.



TERMS & CONDITIONS

- Notification will be sent individually through email after the application and payment are received **within 10 working days**.
- The confirmation will be sent individually through email by: **13th November, 2026** for Super Early-bird & Early-bird Registration; **30th November, 2026** for Standard Registration.
- Official receipt will be distributed on the first day of the course. HK\$500 administrative fee will be required for:
 - a. re-issuing receipt, or
 - b. certified true copy of receipt.
- Withdrawal policy: no refund for telegraphic transfer or credit card payments; no transfer of the fee to other courses or another person upon confirmation of enrollment; HK\$500 administrative fee will be required if written request for cancellation is received on or before **26th November, 2026**.
- CREST Child Rehabilitation and Education Service Team reserves the right on final decision on enrollment, changing time, venue and contents, and cancellation of the course due to unforeseeable circumstances.



REMARKS

CREST'S INFO.

Website www.crest.hk/babd
Instagram [crest.hongkong](https://www.instagram.com/crest.hongkong)
Facebook [crest.hk](https://www.facebook.com/crest.hk)

KIM'S INFO.

Website www.kimbarthel.ca
Instagram [kimbarthel.ca](https://www.instagram.com/kimbarthel.ca)
Facebook [Kim Barthel](https://www.facebook.com/KimBarthel)
LinkedIn [Kim Barthel](https://www.linkedin.com/in/KimBarthel)
YouTube [Kim Barthel](https://www.youtube.com/KimBarthel)

