



Relationship Matters™

CREST Child Rehabilitation & Education Service Team

# **NDT for ASD: Neuro-Developmental Treatment for Children with Autism Spectrum Disorder**

**HONG KONG**

**19<sup>TH</sup> – 20<sup>TH</sup> JANUARY 2024 (FRI-SAT)**



## **INSTRUCTOR**

Kim Barthel (BMR, OTR)

Kim is a world-renowned speaker, teacher, occupational therapist, and author.

Kim actively studies and teaches the areas of complex behavior, neurobiology, sensory-processing, movement, trauma-sensitive practice, attachment theory and mental health.

As a clinician with 39+ years experience in different contexts and cultures, Kim is an Advanced Neuro-Developmental Treatment Instructor as well as a Sensory Integration Instructor. She's contributed to several textbooks on pediatric OT, NDT and Trauma, and is honoured to be a mentor to many dedicated professionals from a range of interconnected disciplines.

With her extensive technical skills and expertise, Kim is a natural at inspiring and connecting diverse audience members. Her unique blend of skills in utilizing storytelling, humility, science, and her own passion for learning effectively holds the attention of every group of participants she is with.

## COURSE INFORMATION

This is a hybrid course designed to teach the theory and hands-on NDT principles as they apply to children with ASD. Current motor control literature and neurobiological research each increasingly highlight the prevalence of motor systems impairments as part of the ASD diagnosis. Despite this, movement challenges are the functional limitations are most often neglected in the treatment of children with ASD. Neuro-Developmental Treatment (NDT) is a frame of reference that guides clinicians in the analysis and treatment of posture and movement. This cutting-edge workshop applies NDT principals, assessment, and intervention in treating the movement challenges of children on the spectrum. Comparing and contrasting between ASD compensatory motor patterns and typical motor development will be emphasized, offering a foundation for the facilitation of new motor learning. This full course consists of 12 hours of online training as a pre-requisite, and 2 days in Hong Kong with in-person lecture, hands-on labs, group discussions and live treatment demonstrations.

Participants will be able to:

- ✓ Define the rationale behind supporting treating motor control challenges in individuals with Autism Spectrum Disorder.
- ✓ Describe basic Neuro-Developmental Treatment principles, assessment and intervention techniques.
- ✓ Practice introductory developmentally-informed handling skills to enhance the unique motor learning and functional impairments of children on the spectrum.

### 1. PREREQUISITE ONLINE COURSE:

Access to “ON-DEMAND SERIES with LIVE Q&A: Treating Movement Challenges in Children with Autism Spectrum Disorder: NDT for ASD” pre-recorded learning modules and resources for 365 days upon confirmation of registration.

For more information, visit [www.kimbarthel.ca/event/2022/12/8-ndt-for-asd-2022](http://www.kimbarthel.ca/event/2022/12/8-ndt-for-asd-2022)

### 2. IN-PERSON WORKSHOP:

Attend the in-person workshop in Hong Kong from 19<sup>th</sup> to 20<sup>th</sup> January 2024 for hands-on practical labs.

## AGENDA (Tentative)

TIME	DAY ONE	DAY TWO
AM	<ul style="list-style-type: none"> <li>- Philosophy and neuroscientific basis of Neuro-Developmental Treatment</li> <li>- Lecture and lab demonstration of NDT facilitation</li> </ul>	<ul style="list-style-type: none"> <li>- Lecture motor control challenges observed in individuals with ASD</li> <li>- Movement lab practicum</li> </ul>
	Break	
	<ul style="list-style-type: none"> <li>- Evaluation of movement compensations practical session</li> </ul>	<ul style="list-style-type: none"> <li>- Intervention lecture and lab</li> </ul>
PM	Lunch	
	<ul style="list-style-type: none"> <li>- Posture and movement analysis practical session</li> </ul>	<ul style="list-style-type: none"> <li>- Clinical case analysis and assessment through live demo</li> </ul>
	Break	
	<ul style="list-style-type: none"> <li>- Clinical case analysis and assessment through live demo</li> <li>- Wrap-up questions</li> </ul>	<ul style="list-style-type: none"> <li>- Developing intervention strategies based upon clinical case and practical lab</li> <li>- Presentation of group problem solving intervention strategies from clinical case</li> <li>- Wrap-up questions</li> </ul>

### LANGUAGE

English

### DATE & TIME

19<sup>th</sup> – 20<sup>th</sup> January 2024 (Fri - Sat), 09:30 – 17:30

### VENUE

To be confirmed

### TARGET PARTICIPANTS

Physical Therapists, Occupational Therapists, Speech Therapists and other keen professionals.

### CERTIFICATION

Attendance Certificate will be presented to participants who have completed 100% of online course content and in-person workshop.

### ACCREDITATION

CPD for OT: Pending

CPD for PT: Pending

## COURSE FEE, REGISTRATION & PAYMENT

	Course Type	Single Person	Registration & Payment
<b>Early-bird Registration</b> (On or Before 11 <sup>th</sup> Sept, 2023)	<b>Prerequisite Online Course &amp; In-Person Workshop</b>	HK\$ 8,000 or US\$ 1,140	 <a href="https://cresthk.typeform.com/ndtebr">cresthk.typeform.com/ndtebr</a>
	<b>In-Person Workshop ONLY**</b>	HK\$ 7,000 or US\$ 1,000	
<b>Standard Registration</b> (End on 6 <sup>th</sup> Nov, 2023)	<b>Prerequisite Online Course &amp; In-Person Workshop</b>	HK\$ 8,800 or US\$ 1,260	 <a href="https://cresthk.typeform.com/ndtsr">cresthk.typeform.com/ndtsr</a>
	<b>In-Person Workshop ONLY**</b>	HK\$ 7,800 or US\$ 1,120	

**\*\*Participant attending the “In-Person Workshop ONLY” must present a certificate of completion for the Prerequisite Online Course during registration.**

For Local Applications:

- **By FPS / Online Bank Transfer:**

Bank / FPS Code: HSBC / 8919052

Bank Account Name: TSRCL T/A CCR&EST

\*Please put “NDT for ASD” and **PARTICIPANT’S FULL NAME** as reference and attach the screenshot of successful transaction together with your application form (**the screenshot must include the transaction date, amount and reference**).

- **By Cheque:**

Payable to “**CREST Child Rehabilitation and Education Service Team**”

\*Please put “NDT for ASD” and **PARTICIPANT’S FULL NAME** at the back of the cheque and send to the address below:

“To: CREST Child Rehabilitation and Education Service Team

Room 706, Peninsula Tower, No. 538 Castle Peak Road, Lai Chi Kok, Kowloon, Hong Kong (SAR)”

- **By Automatic Teller Machine (ATM):**

Bank / Account No.: HSBC / 634-388821-838

Bank Account Name: TSRCL T/A CCR&EST

\*Please put “ND for ASD” and **PARTICIPANT’S FULL NAME** on the bank advice slip and email together with registration form to [info@crest.hk](mailto:info@crest.hk).

For International Applications:

- **By Telegraphic Transfer (TT):**

\* Please see the “Telegraphic Transfer (TT) Instructions for CREST” for details, and upload the TT bank advice slip together with the online registration form.

- **By Credit Card (in USD)**

## TERMS & CONDITIONS

### (i) Notification:

Notification will be sent individually through email after the application and payment are received **within 10 working days**.

### (ii) Confirmation:

The confirmation will be sent individually through email on or before:  
**22<sup>nd</sup> Sept, 2023** for Early-bird Registration;  
**13<sup>th</sup> Nov, 2023** for Standard Registration.

### (iii) Receipt:

- I. Official receipt will be distributed on the first day of the course;
- II. HK\$500 administrative fee will be required for:
  - a. re-issuing receipt, or
  - b. certified true copy of receipt.

### (iv) Withdrawal Policy:

- I. No transfer of the fee to other courses or another person upon confirmation of enrollment;
- II. HK\$500 administrative fee will be required if written request for cancellation is received on or before **6<sup>th</sup> Nov, 2023**.

(v) CREST Child Rehabilitation and Education Service Team reserves the right on final decision on enrollment, changing time, venue and contents, and cancellation of the course due to unforeseeable circumstances.

## REMARKS

Website: [www.crest.hk/NDTforASD/](http://www.crest.hk/NDTforASD/)

Kim's Info.: Website - [www.kimbarthel.ca](http://www.kimbarthel.ca)

Instagram - [@kimbarthel.ca](https://www.instagram.com/kimbarthel.ca)

LinkedIn - Kim Barthel

Facebook - Kim Barthel

YouTube - Kim Barthel

Enquiry: Please feel free to contact Miss K at (852) 3628 3353 or [info@crest.hk](mailto:info@crest.hk)