



CREST Child Rehabilitation & Education Service Team

## Decoding

# Attention Deficit Hyperactivity Disorder

Looks BEYOND the behavior of ADHD

Hong Kong

11<sup>th</sup> – 12<sup>th</sup> July 2018 (Wed - Thu)

### COURSE

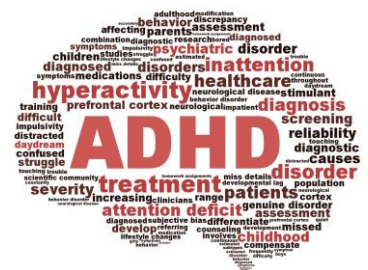
This brand new 2-day workshop looks beyond the behaviour of ADHD into what's behind it, and what we know about how these individuals can be supported.

Kim, the instructor will integrate neurobiology, sensory processing, attachment, motor skill challenges and behavioural issues. Learning to facilitate *stress management* and *regulation*, maximizing *motivation* and *performance*, and increasing *attention span* and *working memory* are key goals of this workshop. Diverse *support strategies* will be explored including *technology and visual support, optimum sensory environments, play-based learning, movement and enriched relationships*.

Ultimately, there are a lot of "disorders" that are presenting challenges in learning, in functioning, and in maximizing potential; ADHD is one of several including Conduct Disorder, Oppositional Defiant Disorder and others. What therapists and teachers are asking for is what we can do to offer support both to the individuals with these behaviours, and to their families. This workshop is a solid step in that direction.

Participants Will Learn:

- ✓ *Neurobiology of ADHD*
- ✓ *Sensory processing as it relates to ADHD*
- ✓ *Attachment as it relates to ADHD*
- ✓ *Support strategies for ADHD (technology, visual support, environment, play-based learning, movement and relationship) and Executive Functions*



## INSTRUCTOR



### Kimberly Barthel (BMR, OTR)

Kim is a world-renowned occupational therapist and teacher, actively supporting multi-disciplinary function and healing in many cultures. As a pioneer in reinforcing the importance of relationship in therapy, she is known for blending cutting-edge developments in neuroscience with the art of compassionate inquiry. With 30+ years experience as an Occupational Therapist, Kim's specialties include Complex Behaviour, Sensory Processing, Attachment, Autism, Trauma-Informed Practice, and Mental Health. Kim's mission is to support the conscious evolution of the human spirit.

## AGENDA (Tentative)

	Day 1	Day 2
AM	Neurobiology of ADHD	Attention Span, Working Memory and Learning
		Key Words, Phrases and Scripts
	Break	
	Sensory Processing Challenges in ADHD	Technology and Visual support
Measuring Knowledge in diverse ways		
PM	Lunch	
	Conduct Disorder, Oppositional Defiant Disorder and Self-Regulation	Motivational Challenges as an aspect of ADHD
	Attachment Related Challenges in ADHD	Play Based Learning
	Break	
	Decreasing Stress and Connection through Relationship to enhance behavioural control, learning and motivation	Motor Skill Challenges in ADHD
	Sensory Processing and Optimum Environments to support achievement of maximum potential	Movement in the Learning Environment to enhance functional potential

## LANGUAGE

English

## DATE, TIME & VENUE (Tentative)

11<sup>th</sup> – 12<sup>th</sup> July, 2018 (Wed - Thu) / 0930 – 1730

CREST Child Rehabilitation & Education Service Team

(Room 706, Peninsula Tower, 538 Castle Peak Road, Lai Chi Kok, Kowloon, Hong Kong.)

## TARGET PARTICIPANTS

Educators, Educational Psychologists, Clinical Psychologists, Occupational therapists, Physical Therapists, Speech-Language Pathologists, Medical Professionals and Parents

## CERTIFICATION

Attendance Certificate will be presented to participants who have attended **80%** or above of the total hours of the course.

## ACCREDITATION

HKROT - Pending

## COURSE FEE

	Single Person	GROUP OF 3 PERSONS
<b>Early Bird Registration</b> (On or Before <b>30<sup>th</sup> Apr, 2018</b> )	HK\$3,600	HK\$9,600 HK\$3,200 / Person
<b>Standard registration</b> (End on 31 <sup>st</sup> May, 2018)	HK\$3,900	HK\$10,800 HK\$3,600 / Person

## REGISTRATION & PAYMENT

Local Applications:

1. *By cheque:*

Payable to “CREST Child Rehabilitation and Education Service Team”

\* Please send with registration form to:

“To: CREST Child Rehabilitation and Education Service Team  
Room 706, Peninsula Tower, No. 538 Castle Peak Road,  
Lai Chi Kok, Kowloon, Hong Kong (SAR)”

2. *By Automatic Teller Machine (ATM): / Bank-in*

Bank / Account No.: HSBC / 634-388821-838

Bank Account Name: TSRCL T/A CCR&EST

\* Please write down **YOUR FULL NAME** and **COURSE NAME on the bank advice slip** and email with registration form to [info@crest.hk](mailto:info@crest.hk).

Overseas Applications: 1. *By Telegraphic Transfer (TT)*

\* Please see the attached “Telegraphic Transfer (TT) Instructions for CREST” for details, and **email the TT bank advice slip** with registration form to [info@crest.hk](mailto:info@crest.hk).

## TERMS & CONDITIONS

### (i) Notification:

Notification will be sent individually through email once your application and payment are received.

### (ii) Confirmation:

The confirmation will be sent individually through email by **7<sup>th</sup> May, 2018** for Early-bird Registration and 7<sup>th</sup> June, 2018 for Standard Registration.

### (iii) Receipt:

- I. Official receipt will be distributed on the first day of the course;
- II. HK\$500 administrative fee will be granted if:
  - a. re-issuing receipt with returning of original receipt, or
  - b. certified true copy of receipt is requested.

### (iv) Withdrawal Policy:

- I. No transfer of the fee to other courses or another person upon the enrollment is confirmed;
- II. HK\$500 administrative fee will be granted if written request for cancellation is received on or before 7<sup>th</sup> June, 2018.

(v) CREST Child Rehabilitation and Education Service Team reserves the right on final decision on enrollment, changing time, venue and contents and cancellation of the course due to unforeseeable circumstances.

## REMARKS

Website: [www.crest.hk/kim2018](http://www.crest.hk/kim2018)

Kim's Info.: Website - [www.kimbarthel.ca](http://www.kimbarthel.ca)

Twitter - kimbarthelOTR

Facebook - under 'Kimberly Barthel'

Apps: For filling up the form with your mobile through "Adobe Fill & Sign"



Enquiry: Please feel free to contact Ms. Raymie Leung or Mr. Stephen Chan at (852) 3628 3443 or [info@crest.hk](mailto:info@crest.hk).

## REGISTRATION FORM

**Personal Particulars** (Please fill-in all the information below in BLOCK letters and put a "✓" in appropriate box(es))

Title:  Dr.  Mr.  Ms.

Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_

Preferred name appeared on official receipt: Same as Above / \_\_\_\_\_

Preferred name appeared on certification: Same as Above / \_\_\_\_\_

Workplace: \_\_\_\_\_ Occupation: \_\_\_\_\_

Country: \_\_\_\_\_ Phone No.: \_\_\_\_\_

E-mail\*: \_\_\_\_\_

*\*Please state clearly for receiving notification and confirmation.*

### Registration Fee

	Single Person	<b>GROUP OF 3 PERSONS</b> <i>*Please state the other 2 Participants' FULL Names:</i>
<b>Early Bird Registration</b> (On or Before 30th Apr, 2018)	<input type="checkbox"/> HK\$3,600	1. _____ 2. _____ <input type="checkbox"/> HK\$9,600 (HK\$3,200 / Person)
<b>Standard registration</b> (End on 31st May, 2018)	<input type="checkbox"/> HK\$3,900	<input type="checkbox"/> HK\$10,800 (HK\$3,600 / Person)

Cash (Date: \_\_\_\_\_)

ATM (Date: \_\_\_\_\_ Ref. No.: \_\_\_\_\_)

Cheque (No.: \_\_\_\_\_ Bank: \_\_\_\_\_)

Telegraphic Transfer (Date: \_\_\_\_\_ Bank: \_\_\_\_\_)

### Terms and Conditions

In no event shall **CREST Child Rehabilitation and Education Service Team** and its employees be liable to the participants for any injuries, costs, losses, damage, liabilities or expenses arising directly or indirectly from the course(s).

I hereby confirm that I have read, understood and agreed with all terms and conditions stated for this course.

I want / do not want (please delete as appropriate) to receive updates from CREST in the future.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### Staff Use Only

Remarks:

Receipt No.: