



# ATTACHMENT and ATTENTION : HOW RELATIONSHIP IMPACT LEARNING

15<sup>th</sup> - 17<sup>th</sup> June, 2016 (Wed - Fri)

Organized by

**CREST Child Rehabilitation and Education Service Team**

**Co-organizer: I-Well Centre (The Hong Kong Institute of Education)**

Presented by

**Kimberly Barthel, BMR, OTR**

This three-day course examines the interaction between relational attachment strategies, social skills and cognitive development. Attachment patterns influence how children interact with one another, how they pay attention to academic information and how they stay on task.

Relationships set the stage for learning; the relationship between the parent and child, and then teacher and student activates the cognitive brain circuits that facilitate learning. This workshop will emphasize the development of attuned relationship skills as a direct way to enhance mental health and well-being. This information will help teachers, therapists and parents alike to connect with and support their children, students and clients, even in complex behavioural situations.

## **COURSE OBJECTIVES for all 3 days:**

1. The learner will understand how our earliest relationships build the brain architecture we use for relating lifelong.
2. The learner will appreciate how experiences in early attachment relationships are encoded in the neural circuitry of our brains by 12-18 months of age, entirely in implicit memory outside of awareness, and how these patterns of attachment become the “rules”/templates/schemas for relating with others, influencing our social engagement, play and learning.
3. The learner will develop preliminary assessment skills of attachment patterns and how they impact relational skills throughout the lifespan.

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4. The learner will appreciate how these early attachment experiences influence the capacity to pay attention and interact in classroom learning.
5. The learner will learn about face recognition, body language and be introduced to micro-expressions; being aware of how other people are truly feeling is key.
6. The learner will develop skills to support social engagement through the following processes of engagement: following and imitating, sabotaging and scaffolding, the sideways approach, gleaming and beaming, and serve and return.
7. The learner will develop strategies for supporting complex behavioural challenges in children with significant withdrawal or acting out behaviours.

## COUSRE SCHEDULE (tentative):

Day	Theme
Day 1	<b>The Science of Relationships</b> AM: Why attachment matters: Attachment Theory, Science of Attachment, and its Impact on students' Stress coping mechanism. PM: Assessment of attachment patterns across the lifespan
Day 2	<b>How Relationships affect Social Engagement and Learning</b> AM: Attachment patterns and the link to play and social engagement PM: The connection between attachment, attention and learning: What do we see in the classroom?
Day 3	<b>Attunement Strategies and Supporting Complex Behaviours</b> AM: What can we do to facilitate change? Attunement PM: Supporting complex behaviours: What to do when high A and C attachment strategies result from trauma. Case problem solving and videotape analysis

## INSTRUCTOR:



Kimberly Barthel (BMR, OTR), creator of the SYNCroSI Approach (a culmination of her 30 years of practice) is an author, consultant, Occupational Therapist, and owner of Labyrinth Journeys, a company dedicated to providing professional and personal growth seminars. Kim is a Neuro-Developmental Treatment-OT Instructor and a teacher of Sensory Integration Therapy, with post-graduate study in neurosciences and a wide range of complementary healing practices.

Having authored the pediatric textbook Evidence and Art: Merging Forces in Pediatric Therapy, Kim proficiently blends and bridges the most up-to-date science of connection and attachment theory with the intuitive aspect of the therapeutic process. Kim's recent professional challenges include team strategy facilitation for acute pediatric/adolescent mental health cases, and creating sustainable care strategies in a wide variety of cultures throughout the world.

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## DATE / DURATION / VENUE:

15<sup>th</sup> – 17<sup>th</sup> June, 2016 (Wed - Fri) / 0930 – 1730

The Hong Kong Institution of Education, Tai Po Campus

10 Lo Ping Road, Tai Po, New Territories, Hong Kong.

## LANGUAGE:

English

## ACCREDITATION:

Hong Kong Registered Occupational Therapist (HKROT) – CPD Pending

## CERTIFICATION:

A Certificate of Attendance will be issued to participants who attended 80% of the total hours.

## PAYMENT:

For Local Application: Please fill-in the registration form and make a payable cheque to **“CREST Child Rehabilitation and Education Service Team”**, send to **“Room 706, Peninsula Tower, No. 538 Castle Peak Road, Kowloon, Hong Kong.”**

For International Application: Please fill-in the registration form and pay by **Telegraphic Transfer (TT)** (please refer to “Telegraphic Transfer (TT) Instructions for CREST” for details), and send email to **info@crest.hk**.

## ENQUIRY:

For any enquiries, please feel free to contact Ms. Raymie Leung or Mr. Stephen Chan at (852) 3628 3443 or email: [info@crest.hk](mailto:info@crest.hk).

## REMARKS:

- i) Confirmation will be sent to registered participants **by 31<sup>th</sup> May, 2016** through email.
- ii) A refund (HK\$200 administrative fee) will be granted if written request for cancellation is received on or before deadline (i.e. 18<sup>th</sup> May, 2016). No refund will be granted after deadline.

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## 15<sup>th</sup> - 17<sup>th</sup> June, 2016 (Wed - Fri)

### REGISTRATION FORM

Tel: (852) 3628 3443 Fax: (852) 3628 5143 E-mail: [info@crest.hk](mailto:info@crest.hk)  
Address: Room 706, Peninsula Tower, No. 538 Castle Peak Road, Kowloon, HONG KONG (SAR).

#### Personal Particulars (Please put a "✓" in appropriate boxes and fill-in with **BLOCK** letters)

Title:  Prof.  Dr.  Mr.  Ms.

Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_

Preferred name appeared on official receipt: \_\_\_\_\_

Workplace: \_\_\_\_\_ Profession: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Country: \_\_\_\_\_ E-mail\*: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

\* Please state clearly for receiving confirmation through email.

#### Registration Fee

	1 <sup>st</sup> Day of the Course ONLY		3-Day Course	
Course Date	15 <sup>th</sup> June, 2016		15 <sup>th</sup> - 17 <sup>th</sup> June, 2016	
Course Fee	Regular Fee: <input type="checkbox"/> HK\$1,600	Early-Bird: <input type="checkbox"/> HK\$1,200	Regular Fee: <input type="checkbox"/> HK\$6,000	Early-Bird: <input type="checkbox"/> HK\$5,000
Deadline	20 <sup>th</sup> May, 2016	30 <sup>th</sup> April, 2016	20 <sup>th</sup> May, 2016	30 <sup>th</sup> April, 2016

- Cheque (Cheque No.: \_\_\_\_\_ Name of Bank: \_\_\_\_\_)
- Telegraphic Transfer (Date: \_\_\_\_\_ Name of Bank: \_\_\_\_\_)
- Cash (Do NOT send CASH by mail, to choose this option, please come to CREST to pay in-person)

#### Terms and Conditions

In no event shall **CREST Child Rehabilitation and Education Service Team** and its employees be liable to the participants for any costs, losses, damage, liabilities or expenses arising directly or indirectly from the courses.

A refund (HK\$200 administrative fee) will be granted if written request for cancellation is received on or before deadline (i.e. 18<sup>th</sup> May, 2016). No refund will be granted after deadline.

I hereby confirm that I have read, understood and agreed with all terms and conditions stated for this seminar.

I want / do not want (please delete as appropriate) to receive updates from CREST/ I-Well in the future.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_